

Somerville Martial Arts Academy

WWW.SOMERVILLEMARTIALARTS.COM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 to 10:15 Let's Kickbox		9:30 to 10:15 Let's Kickbox		9:30 to 10:15 Let's Kickbox	8:15 - 9:00 Let's Kickbox
					9:30 - 10:30 Adult
4:15 to 5:00 Private Lessons	5:00 - 5:30 Tiny Tigers		4:30 - 5:30 Beginners	5:00 - 6:00 Blue and Up	9:30 - 10:30 Young Adult
And Personal Training	5:00 - 6:00 Beginners	5:00 - 6:00 Blue and up	5:30 - 6:00 Master Club	6:00 - 6:30 Tiny Tigers	10:30 - 11:00 Tiny Tiger
5:00 - 6:00 SideKick/Leadership	6:00 - 7:00 All Black	6:00 - 6:30 Master Club	6:00 - 7:00 Red and Black	6:00 - 7:00 Beginners	10:30 - 11:30 Beginner
6:00 - 6:45 All BlackMaster Club	6:45 - 7:45 Blue and Up	6:30 - 7:30 Beginners	6:45 - 7:45 Blue and Up		11:00 - 12:15 SideKick/Leadership
6:45 - 7:30 Master Club	7:45 to 8:45 Adults		7:45 to 8:45 Adults		12:15 to 1:00 Blue and Up
8:00 to 9:00 Let's Kickbox		8:00 to 9:00 Let's Kickbox		8:00 to 9:00 Let's Kickbox	
					Sat or Sun Birthday Parties

Private lessons are for Adults, Fitness Kickboxing and Children's Martial Arts

Additional Private Lessons and Personal Training can be scheduled by request at other times of the day

Somerville Martial Arts Academy Inc. reserves the right to change the schedule with limited notice. Effective August 31st, 2009.