

Somerville Martial Arts Academy

908-575-8700

somervillemartialarts.com

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------------|-----------------------------|-----------------------------------|------------------------------|--------------------------------|-------------------------------------|
| 9:30 to 10:15 Let's Kickbox | | 9:30 to 10:15 Let's Kickbox | | 9:30 to 10:15 Let's Kickbox | 8:15 - 9:00 Let's Kickbox |
| | | | | 4:30 - 5:00 Tiny Tigers | 9:30 - 10:15 Adult |
| | 4:30 - 5:00 Tiny Tigers | 5:00 - 6:00 Blue and up | | 5:00 - 5:45 Pvt Lessons | 10:15 - 10:45 Tiny Tigers |
| 5:00 - 6:00 Beginners | 5:00 - 6:00 Beginners | 6:00 - 6:30 <i>Master Club</i> | 5:00 - 6:00 Beginners | 5:45 - 6:45 Blue and up | 10:45 - 11:30 Beginners |
| 5:00 - 6:30 <i>SK/JrL</i> | 6:00 - 7:00 All Black | 6:30 - 7:30 Beginners | 6:00 - 7:00 Red and Black | 6:30 - 7:30 Beginners | 10:45 - 12:00 <i>SK/JrL</i> |
| 6:30 - 7:30 <i>All MC</i> | 6:45 to 7:45 Blue and Up | | 6:45 - 7:45 Blue and Up | | 12:00 - 12:30 <i>Master Club</i> |
| 8:00 to 9:00 Let's Kickbox | 7:45 to 8:45 Adults | 8:00 - 9:00 Let's Kickbox | 7:45 to 8:45 Adults | 7:45 - 8:30 L.I.F.E. | 12:30 to 1:15 Blue and Up |

ask about our famous
Birthday parties

Private lessons are available for All types of classes

Private Lessons and Personal Training can be scheduled by request.

Somerville Martial Arts Academy Inc. reserves the right to change the schedule with limited notice. Effective September 6th, 2011.