

Somerville Martial Arts Academy

908-575-8700

somervillemartialarts.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 to 10:15 <i>Let's Kickbox</i>		9:30 to 10:15 <i>Let's Kickbox</i>		9:30 to 10:15 <i>Let's Kickbox</i>	8:15 to 9:00 <i>Let's Kickbox</i>
	4:30 to 5:30 Beginners		4:30 to 5:00 <i>Master Club</i>	4:30 to 5:00 Tiny Tigers	9:00 to 9:30 <i>Strength Class</i>
5:00 to 6:30 <i>SK/JrL</i>	5:30 to 6:00 <i>Master Club</i>	5:00 to 6:00 Blue and up	5:00 to 6:00 Beginners	5:00 to 5:45 Pvt. lessons	9:30 to 10:15 Adult
5:00 to 6:00 Beginners	6:00 to 7:00 Red and Black	6:00 to 6:30 <i>Master Club</i>	6:00 to 7:00 Red and Black	5:45 to 6:45 Blue and Up	10:15 to 10:45 Tiny Tiger
6:30 to 7:30 Blue and Up	6:45 to 7:45 Blue and Up	6:30 to 7:30 Beginners	6:45 to 7:45 Blue and Up	6:30 to 7:30 Beginners	10:45 to 11:30 Beginners
7:30 to 8:00 <i>Strength Class</i>	7:45 to 8:45 Adults	7:30 to 8:00 <i>Strength Class</i>	7:45 to 8:45 Adults		10:45 to 12:00 <i>SK/JrL</i>
8:00 to 9:00 <i>Let's Kickbox</i>		8:00 to 9:00 <i>Let's Kickbox</i>		7:45 to 8:30 <i>Power Punch</i>	12:00 to 12:30 <i>Master Club</i>
					12:30 to 1:15 Blue and Up

Ask about our famous
birthday parties!!!

Private lessons are available for All types of classes

Private Lessons and Personal Training can be scheduled by request.

Somerville Martial Arts Academy Inc. reserves the right to change the schedule with limited notice. Effective January 17, 2011.